


“Transitions”



A Social Story

Specially designed for  AutismWish
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A social story on “Transitions”



This social story has been created to help children handle everyday transitions.

Hello, My name is Jonah.



I do a lot of things every day.



I play games.



I do activities.



I read stories.

All these things have a start. →

But they also have an end. ⛔





**Sometimes I get sad and frustrated
when things end.**



It's okay to have these feelings.



**I remind myself that I will
get to do these things again
another time.**





This makes me feel better.

**I know that all things
have a start.**



**And all things have
an end.**



And it's okay!





I start brushing my teeth.



I end brushing my teeth.



I start reading a book



I end reading a book

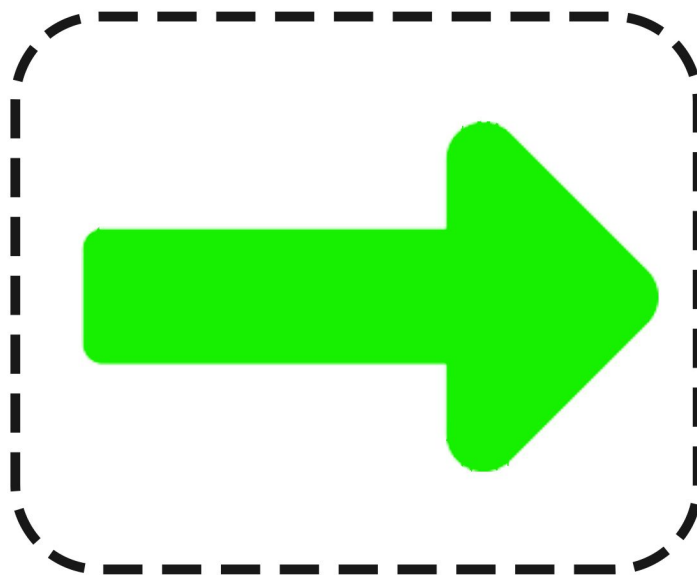
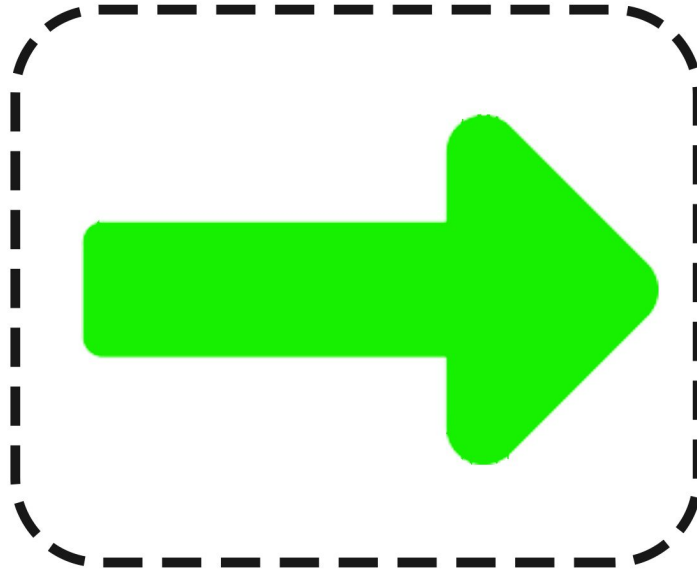
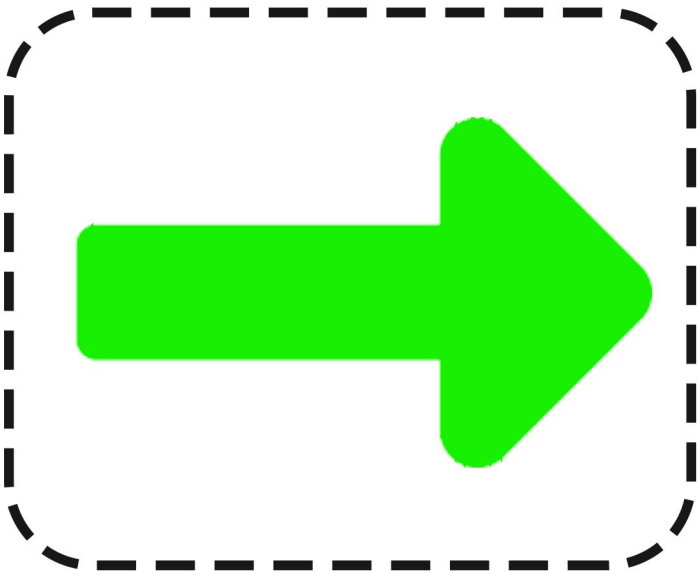


I start playing a game



I end playing a game

Start and Stop Images



Guideline

Extra Start and Stop images with dotted lines border can be used as visual reminders to help a child with transitions. Simply cut the image and laminate it. Show the start image to the child when he/she is about to start an activity. Show the stop image to the child when the activity is supposed to end. Visual reminders are an effective way of helping a child handle transitions!

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If you want a resource for something specific, you can fill out our contact form and put in a request!